

**LA CONCOLACION
COLLEGE BACOLOD
Crisis and Psycho
Trauma Center**

RATIONALE / BACKGROUND

LCCB proudly launches this community service program as a very special gift to the people of Bacolod and the island of Negros as we anticipate its 100th year anniversary.

The program (and services) is the First School - Based Crisis and Psychotrauma Center in Central and Southern Philippines.

RATIONALE / BACKGROUND

When violence / trauma is prevented by awareness, knowledge and education of the community and society at large, and healing the emotional pains and sufferings of the survivors of violence and trauma, we humbly contribute to the transformative education and life-long learning to instill passion for peace, **justice and integrity of creation” particularly when healing of anger, pains and emotional trauma occurs.**

RATIONALE / BACKGROUND

Toward these directions, LCCB establish / put up the first ever (in the province and the region) Crisis & Psychotrauma Center to respond to the demands for accessible crisis response and psychotrauma management and healing for the survivors of trauma, both within and outside the school campus.

RATIONALE / BACKGROUND

The tragic and massive impact of natural disasters, violence and trauma had tremendously devastated the lives of many individuals, families and communities; the emotional sufferings such as the impact of many grieving families from the trauma of horrible earthquake in Negros Oriental, the massacre of 20 civilians in La Castellana by the rebels and the violent shooting incident within the school campus in Pontevedra which was witnessed by school children are just some few crisis scenarios. We had so many children suffering the impact of child abuse and other forms domestic violence including abused women.

RATIONALE / BACKGROUND

Region 6 (Western Visayas) posted the highest reported VAW (violence against women) cases from January to December 2012 with 3,211 reported cases.

Cases of suicide are also getting alarming. Lately, 4 young people died from suicide and 2 of which were high school girls who killed themselves when their teacher simply refused to sign their school clearance.

RATIONALE / BACKGROUND

While it is very obvious that emotional trauma is a serious problem in this society and lack of trained personnel accounts the inefficiency in trauma management, yet little is being done to really provide expert and competent assistance to these traumatized populations.

RATIONALE / BACKGROUND

From a number of these trauma experiences, we still remain reactive and what makes it worse is the unavailability of trained mental health responders. The greater need even comes from the lack of **a more organized and structured mechanism to be put in place in order to provide the most efficient, timely and effective psychosocial response and service.**

RATIONALE / BACKGROUND

We are not asking for more tragedies and calamities to happen, but now we have great hopes for better, efficient, timely, competent and effective service to the community when the next tragic incidents will strike. When people and communities become badly stricken by the traumatic experiences, they eventually fall into despair. **Indeed, this Centennial gift from LCCB to Bacolod and Negros is the most blessed gift of hope from God, ever... the LCCB–CRISIS & PSYCHOTRAUMA CENTER.**

GENERAL AIMS

The general aim of this community service program is to respond to this crying need by way of providing a specialized service to the community by providing crisis interventions and trauma rehabilitation to survivors of violence and trauma **within the LCCB campus and those outside populations in the wider communities.**

GENERAL AIMS

As a Center – it is the service umbrella of multi-faceted programs, services, interventions and activities such as the Clinic services, Community Prevention & Intervention & Psycho-education; Certification & Training; Support Services for Research Activities and **Venue for Clinical Practicum for Psychology / Counseling / Social work programs.**

OBJECTIVES

- Deliver a timely and comprehensive psychosocial trauma management and healing (counseling and psychotherapy) and critical incident stress debriefing to survivors of trauma and their families in times crises or disasters and other traumatic events.
- Educate the Augustinian community and the general public (professionals and non-professionals).

OBJECTIVES

- **Serve as venue for practice (hands on clinical practice) among the LCCB Psychology students in Psychology and Guidance & Counseling.**
- **Conduct OUTREACH Stress Debriefings to survivors of disasters, natural calamities and other forms of trauma and violence.**
- **Lead other professionals and institutions (private and public sectors) in advancing trauma interventions in managing, healing, educating, training and mentoring mental health professionals in the region.**

PROGRAMS / SERVICES

- Direct Services** – Assessment, Crisis Interventions
Stress Debriefings and trauma Healing -
Counseling/ Psychotherapy
- Community Outreach Services** - Community
Psycho-Education on Trauma Issues and Coping;
Psychosocial Processing
- Training, Mentoring towards Diploma/
Certification Programs**
- Support for Research Activities and
Consultations**

TARGET BENEFICIARIES

Primary beneficiaries: General public clientele, academic or non-academic institutions, government, NGOs, community residents, etc.

Augustinian community : faculty/ staff and students (as special cases)

TARGET BENEFICIARIES

Secondary beneficiaries: LCCB Volunteers (Psychology & Guidance & Counseling students) benefiting from their practicum requirement.

Non- LCCB professionals (psychologists, counselors, health workers, educators, social workers and other mental health workers) who may receive training and supervision from the center.

Priority: clients who have no capacity to pay for professional services.

EXCLUSIONS

Excluded from this program and services are Clients who are victims or survivors of political violence or torture.

The Center has no legal personality. Clients whose cases are involved in legal procedures are excluded.

PROPOSED LOCATION

for expansion

**LCCB- Villasor Campus,
Gardenville Subd., Tangub,
Bacolod City**

Present Location

LCCB Main Campus

Third Floor, College Building

Galo corner Gatuslao Streets, 6100 Bacolod City

TARGET IMPLEMENTATION & PROGRAM TIMETABLE

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|---|---|--|
| 1st Phase of Implementation | Preparation & Planning Phase; Opening / Launching Activity | AY 2015-2016, Second Semester |
| 2nd Phase of Implementation | Recruiting, Screening of Volunteers / Staff | A.Y. 2016-2017, First Semester |
| 3rd Phase of Implementation | Training, Tasking & Actual Delivery of Services | A.Y. 2016-2017, Second Semester |

OPERATION PROCEDURES

A detailed and comprehensive Manual of Operation/ Case Management System & Procedures for the Center will be produced and shared to all staff of the Center.

Initially, the Center will open 2-3 times a week during Preparation Phase and the first year of operation will obviously take a lot of work and time. This will require serious dedication and hard work to establish the operational procedures in terms of technical and clinical aspects of the program and services.

Eventually, the Center will open on regular days for the services.

PROPOSED STAFFING

LCCB School President – Is the overall person in charge of the administration of the program and services.

Center Consultant / Director (initially part time) – Who will run, manage, and oversee the whole and actual technical operation of the Center;

Staff Psychologist / Counselor (initially 1) He/she will lead the psychosocial interventions and activities of the Center with primary responsibility to provide the necessary psychosocial counseling and psychotherapy services and other activities and interventions, as appropriate.

PROPOSED STAFFING

2 Student- Assistants At the beginning, (1 male and 1 female), later Psychology students who will be having Practicum will later over - To work half-day each (alternate, morning and afternoon) from Monday to Saturday. They will assist the Center in its various functions and activities, mostly intake interviews, reception and appointments with clients, clerical work, documentation, record keeping and inventory of center's properties and the like.

PROPOSED STAFFING

Volunteer Psychologists / Counselors - The uniqueness of this program lies in the spirit of volunteerism from seriously interested and committed to serve mankind who suffer from crisis and trauma.

Likewise, this is an integration of trauma workers and professionals coming from LCCB and outside the wider community without discrimination of their academic or employment affiliation. Therefore, non-LCCB Professionals, practitioners and academicians in the field of psychology, counseling, social work, nursing and allied professions are welcomed. Eventually, LCCB Graduate Practicum students in Psychology & Counseling will become part of the service force.

STRUCTURAL AND LOGISTICAL **SUPPORT**

(Office Space, Furniture and Office Provisions)

Basic office space with capacity for : 2-3 small counseling rooms; A conference/ multi-purpose space (training, supervision, meeting/consultation area) A reception area

Furniture

Equipment & Office supplies

COSTS OF SERVICES / PROFESSIONAL FEES

Being the community service program of the school, LCCB services, trauma healing and other interventions **are free of charge** for identified clients who have no capacity to pay and **socialized fees for paying clients** for the maintenance of facilities and operational expenses.

PROMOTION/ MARKETING STRATEGIES **AND ACTIVITIES**

However, for purposes of introducing the programs and services of the Center to the University community, the neighboring communities and to other institutions and organizations, some activities may be undertaken such as putting up information materials in various buildings at the University and other nearby establishments; by word of mouth; announcements during general orientation programs of different colleges and promotional campaigns to other schools and organizations.

EVALUATION

Periodic evaluation and reporting shall be made by the Clinic Consultant / Director to the School President. Ideally, this is done twice a year (once per semester) in order to appraise the latter of the accomplishments, problems and difficulties encountered, issues for resolutions, etc.

Proponents

Johnny B. Decatoria, PhD, R.P., B.C.E.T.S.

Board Certified Expert in Traumatic Stress, N.Y.

Registered Psychologist

Founder, UST Graduate School Psychotrauma Clinic

Consultant, Psychology Program, LCCBACOLOD

and

Romela R. Aujero, Ph.D., RGC, RPm, RPsy

Vice President for Personnel and Ancillary Services

Head, Human Resource Development Office

LCCBACOLOD/PAP Board Certified Expert in Counseling Psychology;

With Guidance Counselors and Psychology Teachers of LCCBACOLOD

June, 2015